



EFFECTIVE TEAMWORK

Our Effective Teamwork Course is the perfect fit for Doctors and their teams looking to develop stronger, more effective teamwork. Teamwork is critical to the success of any practice and understanding how to maximize relationships to get the best results is a need to know.

The course will provide both practical and theoretical experiences in teambuilding. Everyone wants to be on a winning team!

By the end of the course you will be able to:

- ▶ Identify the key factors of an effective team
- ▶ Explore and explain the importance of creating an effective team and the elements related to doing so
- ▶ Review and understand the challenges of working in a team and how to turn things around
- ▶ Practice effective team communication skills
- ▶ Discuss the importance of motivation in the workplace
- ▶ Introduce a framework for team decision making
- ▶ Apply the learning into a practical teamwork exercise

9am: Registration

9.30am: Welcome, housekeeping, course objectives and an interactive warm up session including a review of pre course work



EFFECTIVE TEAMWORK

Defining team and what an effective team looks like

- ▶ Pre-coursework review
- ▶ Defining teamwork
- ▶ What it takes to create an effective team

Morning Break (15 mins)

Why an effective team matters and how to maximize each person on it

- ▶ Theoretical frameworks on team creation
- ▶ Identifying your role in the team
- ▶ How different personalities can create the best teams
- ▶ Key attributes of individuals on the team
- ▶ What a dysfunctional team look like and how to change it

Lunch break (45 mins - 1 hour)

Team communication

- ▶ Experiential activity
- ▶ Components of communication and how they assist teamwork
- ▶ Top communication tips for teamwork

Afternoon break (15 mins)

Working together to get the most out of the team

- ▶ Individual and team motivation
- ▶ A framework for decision making and problem solving
- ▶ Experiential activity

Summary, review objectives, Q&A, course reflection and certificates

Close 16:30 - 17:00