



TRAIN THE TRAINER COURSE

Our ***Train the Trainer*** Course is the perfect fit for Doctors and Clinicians looking to develop their training skills. Whatever your speciality, if training skills are important in your role or for your personal & professional development, IMTA Ltd provides an interactive 2 day course.

The course will equip you to understand Adult learning, the key components of the training cycle, how to create great content and deliver an interactive session.

By the end of the course you will be able to:

- ▶ Review what is meant by adult learning and professional development
- ▶ Explore training and the components of the training cycle
- ▶ Evaluate the different learning styles & approaches and how to set clear objectives
- ▶ Break down the components of communication and their role in training
- ▶ Develop & incorporate the resources for training delivery (design, tools & frameworks)
- ▶ Identify ways to apply learning back to the work environment
- ▶ Evaluate the importance of giving (and receiving) feedback during and post training
- ▶ Deliver your training session to video



TRAIN THE TRAINER COURSE

9am: Registration

9.30am: Welcome, housekeeping, course objectives and an interactive warm up session including a review of pre course work

Adult learning and professional development

- ▶ Understanding adult learning
- ▶ Defining training
- ▶ The key components of training

Morning Break (15 mins)

How learning takes place

- ▶ The principles of learning
- ▶ Adult learning vs children learning – what are the differences?
- ▶ Theoretical models on learning
- ▶ Learning styles – which one are you?

Lunch break (45 mins - 1 hour)

Tools of the training trade

- ▶ Using resources to engage your audience
- ▶ The 4 D's of training
- ▶ How to develop a session with timings

Afternoon break (15 mins)

Practise makes perfect!

- ▶ Small group session, developing content and delivering

Summary of Day 1 and preparation for Day 2



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Learning and the workplace

- ▶ How will you evaluate the learning and how much responsibility lies with you?
- ▶ Evaluating learning post delivery
- ▶ Strategies for applying learning back to the workplace

Morning Break (15 mins)

Preparation, Q&A

- ▶ Final preparations for video sessions – Q&A, amendments, resource preparation

Lunch break (45 mins - 1 hour)

Video training sessions

- ▶ Training delivery video sessions – 20 mins each & feedback

Afternoon break (15 mins)

Video training sessions

- ▶ Training delivery video sessions – 20 mins each & feedback

Summary, review objectives, Q&A, course reflection and certificates

Close 17:00 - 17:30